



## Peer Coaching

You have chosen science as a profession, you are reflecting on and planning your career; you have already experienced success, but you have reached limits, too. An important issue on the way to professorship is the professionalisation as a university teacher. There are many aspects to this job, some are obvious, some are part of the "hidden curriculum". With our training programme "Peer Coaching" we would like to offer you a forum for exchange among peers, for supervising scenarios from everyday academic life, for deepening your knowledge of internal university processes and activities.

"Peer Coaching" is advice from equals for equals. It is suited for people from different disciplines but similar professional fields who would like to support each other. By receiving feedback from others, "Peer Coaching" offers you the possibility to adjust your own perspectives, to get to the heart of things or clarify important aspects.

**Within the framework of "Peer Coaching"** strategies will be developed in a structured process of reflection to help you answer key career questions and cope with scenarios such as:

- I want to take on new tasks or greater responsibility, but I am not sure how to proceed.
- I am about to take on a position of leadership, but I do not know how to position myself.

The three workshops in the first semester programme provide the basis for the overall concept of Peer Coaching. At the same time, the methods of Peer Coaching will be practiced by using examples that the participants bring along. Here, the participants give each other feedback and develop approaches for solving problems.

In practice, "Peer Coaching" means that a group of junior female researchers from Heidelberg University meets four times per semester to discuss a set topic. A consultant who may also serve as a supervisor will accompany the group.

## Key Topics

- Confidence in the Work Environment
- Leadership and Management Skills
- Professional Handling of Competition

During the summer semester **2018**, "Peer Coaching" will take place on the following Tuesdays:

- 8 May, 6-9 pm
- 5 June, 6-9 pm
- 26 June, 6-9 pm
- 10 July, 6-9 pm

**Venue:** Conference Room / 1<sup>st</sup> Floor, Heidelberg Center for American Studies, Hauptstraße 120, 69117 Heidelberg