



SERVICE FOR FAMILIES

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ZUKUNFT
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Dear colleagues,
Dear parents at our university,
To whom it may concern,

parenthood and care-work continue to be great obstacles when it comes to figuring out ways to combine studies and job with career ambitions on a university level. They require substantial amounts of effort and planning. This is why the University's Equal Opportunities Office, including its services for families and the information centre "KidS – Kind(er)in der Studienzeit", offers a wide range of support for a better and easier reconciliation of studies, job and family.

In our summer newsletter, we'd like to present the various family-friendly offers at our University to you. You can find further information on our clearing, concierge, dual career and childcare services and much more on our [website](#).

With the opening of two new parent-child offices of the Cluster of Excellence STRUCTURES and the SFB 1225 ISOQUANT, the range of flexible childcare at the University was also expanded.

On top of that, the Equal Opportunities Office's Diversity Team is regularly releasing its own Podcast Series. Among many fascinating interviews, Professor and Equal Opportunities Officer Christiane Schwierien is talking to the lawyer Sandra Runge about parenthood as a cause for discrimination.

This summer, the MOVINGkidz team is hosting the second holiday sports programme for children of university members aged 6 to 10 – and there are a lot more proposals for the holidays.

Finally, one last note: For reasons of data protection, it is not possible to differentiate between members of the university with and without children in our mailing list. Please feel free to dispose of this newsletter if you are not interested.

Kind regards and all the best for the summer

Andrea Steinmann and Agnes Speck

Topics in our newsletter

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6. Fun activities for the holidays



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1 | Services for families – Offers for more compatibility

You can find information on the University's offers for more compatibility of family, studies and job on the Equal Opportunities Office's and Family Service's websites.

Backup service

The backup service offers individual and straightforward childcare in unanticipated situations and emergencies, e.g. in case your regular childcare is cancelled or you need to travel on short-notice.

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Clearing service

The clearing service for science and family and the responsible authorities of the department or clinic offer supervised counselling and advice to help parents with their plans for a future cooperation and return to science after taking on full-time childcare.

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Concierge service

The University's concierge service can be a great help with time-consuming daily tasks. You can find qualified personnel and companies to support you with a wide range of jobs.

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Dual career service

The dual career service offers support for partners of professors and postdocs who are new to the region and the University in the prosecution of their own careers here in Heidelberg.

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2 | KidsBox – Neuenheimer Feld and Old Town Campus

As a family-friendly university, the University of Heidelberg has expanded its adaptable childcare offers with its KidsBoxes. A KidsBox is a rollable closet that, when unfolded, creates an area for children to play in or for parents to take care of their children. The KidsBoxes can be used free of charge for childcare during university events such as conferences or seminars, but can also be used for a longer period of time as part of a parent-child study. Two KidsBoxes are available for loan from the University — on the Neuenheimer Feld and the Old Town Campus.

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3 | Opening of the parent-child-offices of STRUCTURES and ISOQUANT

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In a joint initiative, the cluster of excellence STRUCTURES and the Collaborative Research Centre SFB1225 ISOQUANT have set up their new parent-child-offices KIDS. The carefully designed premises at the Philosophenweg and Mathematikon sites provide an opportunity for all those involved in the STRUCTURES and ISOQUANT projects to work in a family-friendly environment in case of childcare emergencies. In addition to fully equipped workplaces for parents, there are spacious play and activity areas for children aged 0–12. On top of that, the Philosophenweg premise includes a comfortable room for breastfeeding and rest as well as a room for groupwork for up to 6 people, equipped with a meeting table, presentation monitor and whiteboard.

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4 | Diversity Spotlights

“Parenthood as a cause for discrimination?” — Podcast “Diversity Spotlights”

The Diversity Team's podcast “Diversity Spotlights” focuses on the different characteristics of diversity. In the sixth episode, the University's Equal Opportunities Officer, Professor Christiane Schwierén, talks to Sandra Runge about parental rights and compatibility. She is a lawyer, with a special focus on labour law, and the co-initiator of the #proparents initiative, which calls for the inclusion of parenthood as a cause for discrimination in the General Equality Law.

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5 | MOVINGkidz – The University's holiday programme

This summer, the University of Heidelberg is again organising a holiday sports programme for children (aged 6–10) of university members. MOVINGkidz offers a varied programme of games, fun and exercise. The theme of the week is “Journey around the world”. In addition to a focus on movement and sports, the children will learn interesting facts about the different countries during daily time for creativity.

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6 | Fun activities for the holidays

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FerienChamps

This full-time offer is primarily intended to give children of working parents the opportunity to make good use of their free time during the holidays. This year (starting on 1 August), seven sports clubs from Heidelberg will offer a wide range of sports activities for school children aged six to twelve.

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He.du Natur: Experiential nature education

Experiential nature education activates all senses for our nature and environment. Nature is a precious educational space for holistic, social learning. "He.du Natur" offers educational and adventure holidays as well as leisure projects in the forest for children and young people (aged 5–15).

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The Heidelberg Holiday Programme 2022 Online

The City of Heidelberg's holiday search engine makes it easy for families to find various ideas for their holidays in and around Heidelberg, ranging from adventures in nature and sports to handicrafts, dance, theatre, music, science and language classes. On top of that, there are additional holiday offers outside the summer holidays during the so-called "little holidays".

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"Kinderhotel": Stay one night out

Children (aged 6–12) and their stuffed animals are very welcome at the Heidelberg multi-generation house's children's hotel. The overnight adventure takes place from Friday to Saturday and their parents can have an evening off.

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Water playground of multi-generation house

Heidelberg's only water playground in the shade. The playground can be used at any time and is freely accessible to all.

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"Jugendkunstschule Heidelberg"

The school currently teaches around 250 children, young people and adults aged 2 to 27, mainly in the fields of art education, fine arts, graphic design, architecture and art history. There are different courses for each age group, as well as weekend projects and holiday workshops.

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On the way with children in Heidelberg and around

Discover 149 tips for trips with children in and around Heidelberg.

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