# **HYGIENE AND BEHAVIOUR RULES**AGAINST THE SPREAD OF THE CORONAVIRUS



### **SHOW RESPECT**

Show respect – for your health and the health of everyone else.



### **KEEP YOUR DISTANCE**

Keep at least 1.5 metres away from other people.



## **AIR ROOMS REGULARLY**

Air rooms several times a day with windows wide open.



## **WASH YOUR HANDS**

Wash your hands thoroughly and regularly with soap under running water. Then dry them with a clean towel.



## **COUGHING AND SNEEZING ETIQUETTE**

Cough and sneeze into a tissue, or hold your elbow in front of your mouth and nose. When doing so, keep your distance from other people and turn away from them.



### MOUTH AND NOSE PROTECTION

If you cannot maintain the minimum distance, you are required to wear an FFP2 mask or a surgical mask. Students are urgently recommended to wear a mask.